

2018 DATES

July 9

Junior Spartan Camp

July 10

Pitching & Catching Camp

July 11

Elite Spartan Camp®

July 12

Defense, Hitting & Pitching Camp

Sport Specific Equipment To Bring To Camp

- Tennis shoes
- Softball cleats
- Ball glove
- Catching gear (if applicable)
- Helmet
- Sack lunch
- Sunblock

Girl's Commuter Camps

For more information about the coaches and our program visit www.msuspartans.com or twitter @MSUCoachJoseph or team's twitter @MSU_Softball.

For any softball related questions call the softball office at 517-355-4752.

Registration: Park in Lot 62W (IM West) or Ramp 7 off Harrison near Shaw. Parking is free on Saturday and Sunday in Lot 62W and Ramp 7. Weekday rates apply Monday thru Friday.

July 9

Junior Spartan Camp

Ages 6-11

Check-in: 9:00 a.m.

Camp time: 9:30 a.m.-4:00 p.m.

McLane & Secchia Stadium

Cost \$125

Bring a lunch

July 10

Pitching & Catching Camp

Ages 12-18 or College Freshman

Check-in: 9:00 a.m.

Camp time: 9:30 a.m.-4:00 p.m.

McLane & Secchia Stadium

Cost \$185

Bring a lunch

July 11

Elite Spartan Camp

Ages 14-18 or College Freshman

Check-in: 8:30 a.m.

Camp time: 9:00 a.m.-4:00 p.m.

No walkup registration

McLane & Secchia Stadium

Cost \$245

Bring a lunch

July 12

Defense, Hitting & Pitching Camp

Ages 12-18 or College Freshman

Check-in: 9:00 a.m.

Camp time: 9:30 a.m.-4:00 p.m.

McLane & Secchia Stadium

Cost \$185

Bring a lunch

This Summer We Train Like Spartans!

www.sportcamps.msu.edu



@MSUCoachJoseph
@MSU_Softball

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Pitching Camp

CONTACT INFORMATION

Sports specific
questions contact:
517-355-4752

General, Registration and
Roommate questions:
www.sportcamps.msu.edu

Girl's Commuter Camps

CAMP INFORMATION

Resident campers **MUST** be 12 years old to spend the night.

Refund Policy

Campers unable to attend camp are entitled to a refund. A \$55 administrative fee (only \$30 if you enrolled online) will be deducted from all refunds, **regardless of the reason**. Refund requests must be submitted in writing **PRIOR** to the first day of the camp session in which the camper was originally enrolled. **No refunds for any reason (i.e. injury, illness) will be given once a camper is on campus.**
fax: 517-355-6891 email: msucamps@msu.edu

Check-In/Check-Out

Time and location of check-in/check-out will be printed on your receipt and sent to you at time of payment.

Medical Policy

Each participant should have his or her own medical insurance. A student trainer will always be available. Participants are automatically enrolled in MSU's accident insurance plan. Eligible covered expenses will be paid only if they are in excess of other valid and collectible insurance. No physicals are required.

REGISTRATION INFORMATION

Register online at www.sportcamps.msu.edu or complete the attached application. **Full payment by either check, MasterCard, VISA, Discover or American Express must accompany the application.** Make checks payable to Michigan State University. No applications will be accepted before February 1st. You will receive confirmation for receipt of enrollment by mail within 12-15 business days.

MSU Sport Camp Policy

Persons enrolled in MSU Sport Camps will be required to attend all sessions and to comply with the rules and regulations of Michigan State University governing the conduct of all students on the campus.

IMPORTANT PARKING INFORMATION

Parking on campus before, during and after camp check-in is NOT complimentary Monday thru Friday. Please visit www.police.msu.edu for campus maps, parking rates Monday thru Friday and visitor parking pass options. Lot 79 (South end of the Football Stadium), 62W (IM West), 63W (Breslin Center) and 67 (Jenison Fieldhouse) are COMPLIMENTARY ON SATURDAY AND SUNDAY ONLY, **weekday rates will apply**. It is recommended that when checking in or out of camp at Munn Ice Arena, Skandalaris or Duffy Football building you park in Lot 79 (Stadium) or Lot 15 (off Kalamazoo St). If

you are checking in or out of an overnight camp it is recommended that you walk to your residence hall from one of these lots as parking at the residence halls is very limited and heavily monitored by MSU parking enforcement. If your camp check in or out is at Jenison Fieldhouse, McLane Stadium, Secchia Stadium or DeMartin Stadium Monday thru Friday, it is recommended that you park in Lot 62W (IM West) or the Kellogg Center parking ramp off Harrison Road and walk to you camp check in or check out. Lot 67 (Jenison Fieldhouse) is for **staff only MONDAY thru FRIDAY** with

a limited number of metered spots and you will be ticketed if you do not have a staff permit or park in a metered spot. If your camp check in or check out is at IM West, please park in Lot 62W (IM West). Parking in Lot 62W (IM West) on Saturday and Sunday is complimentary, weekday rates will apply. Please note that the camp office has no authority over parking for camps and therefore cannot assist you with any parking issues or tickets you may receive. Parking is enforced by the MSU Police Department.



The Softball Camp Application
REGISTER AT WWW.SPORTCAMPS.MSU.EDU
PLEASE PRINT INFORMATION BELOW OR ENROLL ONLINE

 Name

 Address

 City State Zip

 Parent or Guardian

 Daytime Telephone

 Evening Telephone

 E-mail

 School

Grade in September: _____ **Age:** _____

Sex: _____ Date of Birth: _____

REQUIRED FOR REGISTRATION

High School Graduation Year : _____

Positon played (choose 1): P C SS/2B
 1B/3B OF

Ht: _____ Wt: _____

Men's Shirt Size: S M L XL XXL

Please enroll me in the following Softball camp:

Camp Date	Camp	Commuter
JULY 9	Junior Spartan	<input type="checkbox"/> \$125.00
JULY 10	Pitching & Catching	<input type="checkbox"/> \$185.00
JULY 11	Elite Spartan	<input type="checkbox"/> \$245.00
JULY 12	Defense, Hitting & Pitching	<input type="checkbox"/> \$185.00

Camp is a GO rain or shine.

U.S. FUNDS ONLY.
Please make checks payable to
MICHIGAN STATE UNIVERSITY

Check one:
 Check Mastercard VISA Discover American Express

 Card Number

 3 digit security code Exp. Date

 Signature

 Amount of Check/Charge enclosed

Medical Treatment Authorization Form

 Participant's Name DOB ___/___/___

What Sport: **Softball**

Date of Camp: _____

Participants are automatically enrolled in MSU's accident insurance plan. Eligible covered expenses will be paid only if they are in excess of other valid and collectible insurance.

1. List any medical conditions that camp personnel should be aware of (use additional pages if necessary):

2. List any medications currently taking:

3. List any allergies:

In case of emergency please contact:

 Name

 Daytime Telephone Evening Telephone

Insurance Information:

 Name of Medical Insurance Company Insurance Company Telephone

 Name of Insurance Policy Holder Policy Holder DOB

 Medical Insurance Policy Number Medical Insurance Group# (if appl)

_____, as parent or legal guardian of the participant named above, authorizes MSU to seek medical and/or surgical treatment which is reasonably necessary to care for the participant. I further authorize the medical facility that treats the participant to release all information needed to complete insurance claims. I acknowledge my responsibility to pay all costs associated with the participant's medical care and authorize all insurance payments, if any, to be made directly to the medical facility.

 Signature (Parent or Guardian) Date

Send Application and Medical Treatment Form with payment in full to:

MICHIGAN STATE UNIVERSITY
Sports Camp Office
535 Chestnut Rd, W239
Spartan Way, East Lansing, MI 48824
Fax: 517-355-6891

PARENT & ATHLETE CONCUSSION INFORMATION SHEET



WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

DID YOU KNOW?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

SYMPTOMS REPORTED BY ATHLETE:

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not “feeling right” or is “feeling down”

SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can’t recall events prior to hit or fall
- Can’t recall events after hit or fall

Michigan Department
of Community Health



Rick Snyder, Governor
James K. Haveman, Director

▶ **“IT’S BETTER TO MISS ONE GAME
THAN THE WHOLE SEASON”**

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

1. If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
3. Remember: Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

STUDENT-ATHLETE NAME PRINTED

STUDENT-ATHLETE NAME SIGNED

DATE

PARENT OR GUARDIAN NAME PRINTED

PARENT OR GUARDIAN NAME SIGNED

DATE

JOIN THE CONVERSATION  www.facebook.com/CDCHeadsUp



HEADS UP

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION

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